



Dates for your diary

Sailing programme – Please see overleaf.

*****NEW***Sunday 18 May** – Clubhouse, about 1300 hrs. Sandwiches provided. Welcome the new club members on completion of the dinghy course.

*****NEW***Saturday 7 June – Scrabster Mission Fayre**

As normal, we intend to provide a stall (normally baking/bottles), with profits going to the Mission. 1400-1600, in the Fish Market. Offers of assistance for manning the stall or providing things to sell, please contact Kath Lewis (Tel 01847 841353) or sailing@pfyc.org.uk.

Saturday/Sunday 28/29 June – Midsummer Regatta

Come and help to achieve our aim – 50 boats on the water for the 50th Anniversary. There are enough boats – we just need people to sail them all.

*****NEW***Saturday 12 July – RNLI Summer Fayre**

As for the Mission Fayre above. Offers of assistance for manning the stall or providing things to sell, please contact Kath Lewis (Tel 01847 841353) or sailing@pfyc.org.uk.

Saturday/Sunday 26/27 July – Talmine

As advertised in March newsletter. Anyone interested please contact Pen Lewis (Tel 01847 841353) or sailing@pfyc.org.uk.

Saturday/Sunday 13/14 September – End of Season Regatta

Friday 3 October – 50th Anniversary Dinner Dance – To celebrate as close as we can to the 50th anniversary of the Club's formation – 9 October 1953. Dance to Half Canned.

Any suggestions? - If you have any ideas you would like to see turned into a social event – please let us know.

Welcome

A warm welcome to all our new members – Kai Baird, Jimmy Beresford, Jayne Hall, Derek MacLean, Morgan Sinclair, Owen Sinclair, Scott Tait (all taking the dinghy course), and Philip Galvin.

Dinghy training course

This year's dingy course started on Thursday 24 April. As normal this first evening was shore-based only. Two adults and 6 juniors are taking the course – those new members listed above and Laura Phimister, who is already a member. The morning of Sunday 27 April saw the first session on the water, and it is difficult to imagine more perfect weather – south easterly force 3, smooth sea, and sunny. Everyone went solo and had completed their capsizing drill before finishing the session at lunchtime. I hope the students enjoyed it as much as the instructors did. Club members who sailed in the afternoon were not as lucky, with pouring rain followed by flat calm.

First Aid course

Eleven people spent the day on Saturday 26 April doing a Red Cross basic first aid course at the clubhouse. The participants were a mixture of instructors, who require a valid first aid qualification to support their instructor certificate, and other

interested club members. The course was taught by Ann & Dave Bertram and Joan Bazell, ably assisted by two live "casualties" and several dummies. First Aid practice is always evolving, so there were a few new or modified methods to learn. CPR had to be demonstrated for 3 minutes by each student on both adult and child-sized dummies. Rather than a lot of theory, the course was hands-on wherever possible. It also involved some interesting accident scenarios with several different injuries for the participants to deal with. Thanks to the Red Cross team for an interesting and enjoyable day.

Contacts

E-mail addresses – To receive rapid communications, please send yours to commodore@pfyc.org.uk

Newsletter contributions – Send to Mark Raffle by the means of your choice, but preferably by e-mail to commodore@pfyc.org.uk.

Thank you

Thank you to everyone who has helped with the redecoration of the clubhouse, which is essentially complete, bar the garage. Particular thanks are due to Don Ryan and Alan Scott who organised painting and tiling respectively.

North of Scotland Sailing Squad

The next squad weekend will be held at Loch Morlich on 24 & 25 May. These squads are an opportunity to get some intensive coaching and practice at the start of the season. In addition to Paul Bartlett, Dave Cockerill will be guest coach particularly for Topper sailors, with Adam Cockerill coaching the Lasers.

Membership fees

If you have yet to pay your membership fees for this year, we would now be grateful to receive them – all fees are due by 1 May. Membership forms can be downloaded from the PFYC website, or obtained from Jim Kelly (Tel 01847 895698). Membership fees have been held at the same level as last year, and include race fees for all normal series races.

Garage

It is planned to complete the redecoration of the clubhouse by painting the garage. To assist in this, could anyone with any personal property in the garage please remove it by 18 May.

International Paint

There is now a local stockist – J Waters, 5 Orlig Street, Thurso. Tel 01847 895362. Catalogues available, and some have been left in the clubhouse. They don't have a big stock, but can get material quite quickly. Discount available on bulk orders.

Yachts & Yachting

Steven Arkley, a former member of the Club, now works as a sailing photographer. See his website at www.sailshots.co.uk. He hopes to get an article into the 18 July issue of the magazine to record our 50th Anniversary Midsummer Regatta. Look out for further information in a later newsletter.

2003 SAILING PROGRAMME

<u>Date</u>	<u>Day</u>	<u>Start</u>	<u>Event</u>	<u>OOD/Guard Boat Cover</u>	<u>Reserve</u>
1 May	Thurs	18.30	Training		
3 May	Sat	09:00	Training		
4 May	Sun	14.00	S1 Race 1 + 2 (Training am)	Steve/ Jane Foster	M Raffle
8 May	Thurs	18.30	Training		
11 May	Sun	14.00	Race 3 + 4	Jim Kelly / Alan Scott	R Donn
15 May	Thurs	18.30	Training		
17 May	Sat	09:00	Training		
18 May	Sun	09.00	Training		
22 May	Thurs	19.30	Race 1	Roy Don / Steve Mowat	M Lord
25 May	Sun	14.00	S1 Race 5 + 6	Guy / Barbara Newson	D Lord
29 May	Thurs	19.30	Race 2	Mark Raffle / Adam Scott	J Kelly
1 June	Sun	14.00	S1 Race 7 + 8	John Mackenzie / Steve Mowat	C Ryan
5 June	Thurs	19.30	Coast Guard Race	Steve/ Jane Foster	Adam Scott
8 June	Sun	14.00	Castlehill	Jim Kelly / Alan Scott	J Mackenzie
12 June	Thurs	19.30	Race 3	Don / Connie Ryan	M Raffle
15 June	Sun	14.00	S2 Race 9 + 10	Malcolm Lord / Mathew Phimister & David Scott	J Foster
19 June	Thurs	19.30	Race 4	Roy Donn / Glen Foster and Ian Thompson	B Newson
21 June	Sat	TBC	Summer Solstice Sail	Geoff Henstridge / Pen Lewis	R Donn
22 June	Sun	14.00	Phimster Pursuit	Guy / Barbara Newson	M Lord
26 June	Thurs	19.30	Race 5	Mark Raffle / Adam Scott	S Mowat
28 June	Sat		Midsummer Regatta		
29 June	Sun		Midsummer Regatta		
3 July	Thurs	19.30	Race 6	John Mackenzie / Steve Mowat	D Lord
6 July	Sun	14.00	S2 Race 1 + 2	Steve/ Jane Foster	D Ryan
10 July	Thurs	19.30	Race 7	Don / Connie Ryan	J Kelly
13 July	Sun	14.00	S2 Race 3 + 4	Jim Kelly / Nick Johnson	J Mackenzie
17 July	Thurs	19.30	Race 8	Malcolm Lord / Jim McCafferty	Adam Scott
20 July	Sun	14.00	River Race	Guy / Barbara Newson	M Raffle
24 July	Thurs	19.30	Race 9	Roy Donn / Derek Thompson	A Grant
26 July	Sat	14.00	Talmine Sail		
27 July	Sun	10.30	Talmine Sail		
31 July	Thurs	19.30	Race 10	Mark Raffle / Nick Johnson	M Lord
3 August	Sun	14.00	S2 Race 5 + 6	Dave Lord / Pen Lewis	S Mowat
7 August	Thurs	19.30	Race 11	John Mackenzie / Derek Thompson	D Lord
10 August	Sun	14.00	Topper Race	Steve/ Jane Foster	J Kelly
14 August	Thurs	19.30	Race 12	Don / Connie Ryan	R Donn
17 August	Sun	14.00	S2 Race 7 + 8	Jim Kelly / Alan Scott	G Henstridge
19 August	Thur	19.30	Anniversary Team Race 1	Guy / Barbara Newson	Adam Scott
24 August	Sun	14.00	S2 Race 9 + 10	G Henstridge / Andrew Grant	M Raffle
28 August	Thur	19.30	Anniversary Team Race 2	Roy Donn / Glen Foster and Ian Thompson	J Foster
31 August	Sun	14.00	Ladies Race	Dave Lord / Pen Lewis	R Donn
7 Sept	Sun	14.00	Frost Bite 1 + 2	Mark Raffle / David Scott & Mathew Phimister	B Newson
13 Sept	Sat		Regatta		
14 Sept	Sun		Regatta/		
21 Sept	Sun	14.00	Frost Bite 3 + 4	John Mackenzie / Derek Thompson	M Lord
28 Sept	Sun	14.00	Frost Bite 5 + 6	Dave Lord / Pen Lewis	S Mowat
5 October	Sun	14.00	Frost Bite 7 + 8	Steve/ Jane Foster	D Lord
12 October	Sun	14.00	Frost Bite 9 + 10	Don Ryan/ J McCafferty	J Kelly
19 October	Sun	14.00	Frost Bite 11 + 12	Jim Kelly / Nick Johnson	A Scott
26 October	Sun	14.00	Halloween	Malcolm Lord / Andrew Grant	J Mackenzie

Would the individuals identified for OOD and Guard boat driver please confirm their availability for the dates specified. The master race calendar will be on the notice board in the sailing club. OOD/Drivers are requested to ensure that if they are unavailable on the date specified they: -

Arrange alternate cover with one of the other OOD/guard boat drivers.

Inform the race secretary (Pen Lewis – 01847 841353) of the change.

Reserve = In the event of **last minute cancellations** (e.g. illnesses), would the reserve please cover.

Any questions, please contact Pen Lewis (Tel 01847 841353) or sailing@pfyc.org.uk.